June 10th-Aug 9th



Summer Camp 2024

<u>Kids Camp</u> Kindergarten-Middle School

Teens Camp
Middle School-High School
Transitions

Come join us this summer and make memories that will last a lifetime!

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Teens Camp Schedule Dear friends of The Arc of Southeast Iowa,

Thank you for considering The Arc's Summer Camp programming! We are an organization that provides a quality summer experience to two separate groups of youth, first ages 6-11, and second 12-21, with physical and intellectual disabilities. Our mission throughout the duration of summer camp is to provide enriching and fun opportunities where campers can explore the community, build friendships, be creative, and practice social and emotional skills.

Staffed with skilled leaders, the summer camp schedule is jam packed with a variety of exciting and engaging crafts, activities, and field trips. Each day, camp participants will be paired to staff members on a 1:2 or 1:3 ratio, depending on the campers level of need. This allows for a personalized experience for the campers as well as providing a safe and supervised environment. Alongside the structured schedule, there is scheduled free time where the campers can explore their own interests and form new friendships.

We are looking forward to working with returning and new families in summer 2024! If you have further inquiries about the Kids Camp, please contact Laikyn Worrell. Inquiries for Teens Camp should be directed to Mya Winegarden.

Sincerely,

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Registration and Enrollment

Registration

Registration is on a weekly basis and is to be completed online on The Arc of Southeast Iowa's website, including tuition and activity fee payments. Once registration and payment has been submitted, additional paperwork will be sent to your email via Adobe to be filled out. Paperwork for Kids Camp will be sent by Laikyn Worrell, and Teens Camp by Mya Winegarden. These materials sent via Adobe are to be filled out and sent back as soon as possible. Attendance at summer camp will not be possible without confirmation that this paperwork has been received and properly filled out. We will not accept half-day enrollments but will work with families on an individual basis if the child is participating in an extended school year.





Enrollment

Enrollments are subject to availability, and priority is on a first-come, first-served basis. Enrollment is slot-based, and the parent/guardian will be accountable for the full financial responsibility of that slot, even if the child is not in attendance for a portion of time. A slot is not guaranteed until all applicable paperwork and fees have been completed. Upon request, your child may be added to a waitlist for a particular week if all available slots are full. Being enrolled for that particular week will not be guaranteed, but if a spot becomes available, the top of the waitlist will be alerted as soon as possible.



Payment and Funding

Payment

Tuition is \$325/week. We require a \$25 activity fee for each week regardless of tuition funding. Payment will be completed online during registration. Depending on the funding type you have chosen, you will apply a promo code during check out. Promo codes will be supplied to you upon request. Please note that activity fees are non-refundable.

Funding

There are three ways to help fund summer camp; Waivers, Children At Home (CAH), and United Way. Down below will be information on each of these funding sources.

Medicaid Waivers

ID- If your child is on an Intellectual Disability waiver, they are eligible to use respite units (T1005). In order to use respite units, one parent cannot be working while respite services are being provided.

BI- If your child is on a Brain Injury waiver, they are eligible to use respite units (T1005). In order to use respite units, one parent cannot be working while respite services are being provided.

HD- If your child is on the Health and Disability waiver, they are eligible to use respite units (T1005). In order to use respite units, one parent cannot be working while respite services are being provided.

Private Pay

If your child does not have a Medicaid waiver, you may choose to pay for summer camp privately. If this would be a hardship for you, listed below are two grant services that may be able to help you!







Children at Home

CAH is a great resource to help fund camp. CAH is designed to assist families raising a child with a disability in obtaining needed services and supports. To be eligible for CAH your family's Federal Net (not gross) taxable income for the most recent tax year is less than \$60,000. You can apply online at lowa Family Support Network's website. https://www.iafamilysupportnetwork.org/families/children-at-home/

United Way

United Way Summerships is a program that will fund up to \$350 of one summer camp or summer activity cost per child. Only 5 summer ships are rewarded per summer program. The link provided below will send you directly to the application process: https://www.unitedwayjwc.org/summerships

To Note

Before attending camp, there will need to be a meeting held. Those using waivers will need to set up a meeting with The Arc and case manager. If the family is private paying the camper will need to attend at least one group respite session or the ice cream social.



Policies

Illness Policy

Participants must be healthy enough to participate in the program's daily routine. For the safety and comfort of the sick child, please keep them at home until they feel better and no longer present the danger of passing on their illness.

When your child has a fever, vomiting/diarrhea, or other communicable diseases as listed below, they must remain at home one full day after their temperature and symptoms return to normal. If your child comes to the program ill or becomes ill while at the program, you will be asked to pick up your child within an hour. If the parent/guardian cannot be reached, the emergency contact will be notified. It is the responsibility of the parents to arrange for the child to be picked up as soon as possible.

Symptoms requiring the removal of a child from the program include:

- Fever of 100.4° or higher
- Diarrhea runny, watery, or bloody stools
- Vomiting
- Body rash with fever
- Sore throat with fever and swollen glands
- Bed bugs or head lice
- Severe coughing
- Eye discharge thick mucus or pus draining from the eye, or pink eye
- Yellowish skin or eyes
- Child is irritable, continuously crying, or requires more attention than staff can provide without affecting the health and safety of other children in our care

Supervision

The Arc is committed to meeting the unique needs of our program participants. In order to ensure child safety, address specific care needs, and foster appropriate interactions, staffing ratios will be based on the needs of the child and will always meet or exceed compliance guidelines. Staff will directly supervise all children by sight and sound at all times. Supervision is essential to the prevention of harm. Active and positive supervision involves:

- Knowing each child's ability
- Establishing clear and simple safety rules
- Being aware of potential safety hazards
- Standing in a strategic position
- Scanning play activities and circulating
- Focusing on the positive rather than the negative to teach a child what is safe for that child and others

Policies

Behavioral and Physical Incident Policies

We as an organization understand that people with physical and intellectual disabilities may have limitations in understanding and handling emotions in an appropriate manner. Summer camp staff are trained to expect these interactions and how to attempt to deescalate. Despite this, camp staff or members of our leadership may not be able to always solve an escalated situation. Here are some reasons why your camper may be sent home.

- Is targeting other campers or causing injury/harm to other campers such as inflicting bruises, bite marks, drawing blood, etc.
- Is the cause of excessive property damage such as making holes in the wall, purposefully breaking expensive equipment/electronics, etc.
- Inflicts injury to staff members that causes prolonged discomfort or the need for medical attention.
- Has an escalation exceeding an hour-long duration after staff members have reached out to the camper's guardians for tools on how to de-escalate and are still unsuccessful.

Despite being sent home for any of these reasons, suspension from programming will not be extended further than the rest of the same day unless discussed otherwise. Suspension or expulsion from programming may occur due to multiple offenses or extreme aggressive behavior.

Staff Trainings

Curious about the trainings our staff complete to be a counselor?

Onboarding

Staff will go through the onboarding process with HR director Alissa Voss where they will learn about the history of The Arc, understand their duties as a staff member and assigned online trainings such as brain injury, and Mandtory reporter.

Safety-Care

Lead by Mya Winegarden, all camp counselors will be certified in Safety-Care, which is a class that teaches tools and strategies to use when a camper becomes behaviorally escalated and how to prevent incidents.

<u>Camper Slides</u>

Mya Winegarden and Laikyn Worrell will present a slide show presentation of campers that contains a picture of the camper and the most important information about them so the counselors get to meet the kiddos before camp begins and get an understanding of their most important needs. (personal care assistance, likes/dislikes, any safety risks, etc..)

<u>Emergency Procedures</u>

Counselors will walk through their camp location and learn all emergency procedures. (Fire drill, intruder procedure, prevention of lost children, etc..)

Service Training

Counselors will come together for service training which contains information about what expectations and responsibilities a counselor has, the importance of team work and communication, as well as other job duties there may be.

De-escalation

Laikyn Worrell and Mya Winegarden will teach counselors tools that they've learned through their years of providing services on how to prevent a behavioral escalation and how they would like a situation like that to be handled at camp.

Client Specific

Before any counselor is allowed to work with a camper, they must read their client specific information which is the fact packet that has been filled out by the campers guardians. This packet contains everything the staff would need to know about the camper and how they can work best with them.

Ice Cream Social

Lastly, all campers are encouraged to participate in their ice cream social so new and returning counselors can meet the campers before camp begins.

We understand that the safety, supervision, and ability to attend to every campers needs is of the utmost importance!

Counselors complete this training regimen to ensure that your camper will feel comfortable with their staff, be able to have fun in a well supervised environment, and have an opportunity to fully be themselves without fear of judgment or misunderstanding.

Location

Kids Camp

Kids Camp will be located at The Arc's Bill Reagan Children's Center at 2620 Muscatine Avenue in Iowa City, IA, 52240.

Drop off is at 9:30 am and pick up is at 4:30 pm.

Teens Camp

Teens Camp will be located at Grace Community Church at 2707 Dubuque St NE North Liberty, IA, 52317.

Drop off is at 9:30 am and pick up is at 4:30 pm.

Please be aware that The Arc does not transport clients to and from summer camp and we will be closed on the week of July 4th!

What to bring everyday



just in case!



Briefs and wipes/ hygiene products if applicable.



Lunch and snacks are neccesary to bring unless otherwise instructed by staff.



Sunscreen and bug spray!

A water bottle to stay hydrated!



Swimming gear!

Kids Camp Weekly Description

June 10-14

June 17-21

Fun and Friends

Campers will take the first week to meet their new friends and staff, make introductory and creative crafts and have fun! The group will make their camp tye dye t-shirts, go to the Children's Museum, and get a visit from the Raptor Center! July 15-19

Splish Splash

Campers will get ready for week of water themed activities. The group will do water themed crafts, games and activities. Campers will visit different splash pads and a pool, along with a trip to the rec center!

Music Makers

Campers will get musical and participate in music therapy, musical games, and get to dance and sing! We'll then have lots of opportunities for movement while visiting a park, Children's Museum, and hands on crafts!

July 22-26

Fairytale Dreamland

Campers will get to explore a magical week of superhero's and princesses. Campers make lots of memories with a visit from some fan favorite Disney characters, a trip to the library, movie theatre, Children's Museum, and music therapy.

Little Scientists

Campers will get hands on experience with all things science, Kids will make experiments and visit new places! This week we'll visit the library, Fossil Gorge, Children's Museum, and Putnum Science Museum.

July 29-Aug 2

Forest and Friends

Campers will get to explore nature.
We'll have nature-themed activities,
play outside, see some animals, and
hike. The group will travel to the
Muscatine Learning Center, Old
MacDonald Farm, Bloomsbury Farm,
and Niabi Zoo!

Fitness Fun

Campers will get active during Fitness Fun week by visiting two parks, Coralville Fire Station, Air Fx, and Music Therapy! Campers will make fun interactive crafts and games to get their body moving! 10g 5-9

Super Chefs

The campers will finish off summer camp with lots of cooking and food themed activities. The group will visit a restaurants and finish the week with our annual cook out! Both camps will come together to play, eat, and say our farewells.

Teens Camp Weekly Description

Fun & Friends

Campers will take the first week to meet their new friends and staff, make introductory and creative crafts and have fun! The group will make their camp tye dye t-shirts, go bowling, and get a visit from the Raptor Center!

Jly 15-19

Myth Busters

For Myth Busters week, campers will get to be scientists! The group will participate in many experiments such as making crystals, volcanos, lava lamps, and more. The group will also take a trip to Miracles in Motion amd meet horses!

Music & Movement

Campers will get musical and participate in music therapy, musical games, and get to dance and sing! We'll then have lots of opportunities for movement while visiting a park, a splash pad, the library, and a Kernels Game!

uly 22-26

Job Fair

Campers will get to explore different careers during job fair week. We will have guest speakers from the fire department, a meteorologist, and a teacher. The group will also visit Hansen's Dairy to see what it would be like to work on a dairy farm!

Under The Sea

Campers will dive under the sea and participate in many water themed activities. The group will do under the sea themed crafts, games and activities and visit two different pools. We'll end the week at the National Mississippi River Museum and Aquarium!

July 29-Aug 2

Nature Week

Campers will get to explore nature for the 7th week of camp. We'll have nature-themed activities, play outside, and have a butterfly presentation. The group will travel to the Muscatine Learning Center, Bloomsbury Farm, and Niabi Zoo!

Olympics

Campers will get active during
Olympics week by participating in
lots of different Olympic themed
games and activities. The group will
also visit a trampoline park, the City
High sports complex, and the North
Liberty Pool.

Aug 5-9

Camper Chefs

The campers will finish off summer camp with lots of cooking and food themed activities. The group will visit two different restaurants and finish the week with our annual cook out!

Both camps will come together to play, eat, and say our farewells.